

General College Physics I (PHY 103)

Fall 2024

Scott N. Walck

Course Information

Contact Information

- Instructor: Scott N. Walck
- Preferred names: Scott, Dr. Walck, Prof. Walck (I prefer not to be called by my unadorned last name.)
- Pronouns: He, his, him
- Office: Neidig-Garber 223
- Office Phone: 717-867-6153 (messages reach me by email)
- Email: walck@lvc.edu
- Web page: <http://quantum.lvc.edu/walck/>

Email is the best way to contact me. Many questions and issues can be solved over email.

Office Hours

I will be in my office

Monday	11:00–12:00
Tuesday	12:00– 1:00
Tuesday	1:00– 2:00
Wednesday	11:00–12:00
Friday	11:00–12:00

during the course of the Fall 2024 semester.

If you need to meet at a different time, please send me an email to set that up. You can drop by my office any time to see if I am there. If I'm there, we can chat.

Course Description

An introduction to fundamental ideas in physics—focusing primarily on mechanics—including kinematics, dynamics, conservation laws, rotational motion, and statics. PHY 103 must be taken concurrently with PHY 103L, the laboratory portion; together, they constitute a single 4 credit course. PHY 103 contains 3 contact hours of instruction per week.

Brief Outline

1. Newton's Second Law (Chapters 1-5)
2. Conservation of Energy (Chapter 6)
3. Conservation of Momentum (Chapter 7)
4. Rotational Motion (Chapter 8)
5. Oscillations and Waves (Chapter 11)
6. Temperature and Heat (Chapters 13-14)

Course Objectives

It is expected that students will

1. describe motion using the mathematical language of position, velocity, and acceleration
2. explain motion using the theory of Newtonian mechanics
3. apply the theory of Newtonian mechanics to specific physical situations
4. calculate quantities of physical interest using the theory of Newtonian mechanics
5. calculate quantities of physical interest by applying conservation laws
6. explain phenomena in terms of principles and theories

Textbook

The textbook for the course is *Physics, Principles with Applications* (7th edition) by Douglas C. Giancoli, ISBN 978-0-321-62592-2.

Class Attendance and Participation

Health request: if you have cold, flu, or COVID symptoms, please wear a mask. If you feel too sick to come to class, please stay home and send me an email. You are free to use your own judgment on when you are too sick to come to class.

Our primary goal in this course is for you to learn some physics. Learning is not an easy endeavor; different methods are effective for different people. Nevertheless, I believe that attending class will help you to learn physics. It may not be as entertaining as you or I would like. It may not be as pleasant as you or I would like. But I am committed to spending our time together effectively, doing activities that will help you begin to see the principles of physics and apply them to real-world situations.

Please attend every class meeting that we have. I will take attendance.

I'm no linguist, but attendance and attention surely must come from a common root. Attendance, showing up for class, is the first step. But I really need your attention during class, and this second step can be harder. Modern life has made it difficult for us to focus our attention on anything that is not extremely pleasing, entertaining, horrifying, disturbing, or outrageous in some way. I'll do the best I can not to bore you, and you'll do the best you can to attend to the ideas we come across, whether they seem pleasing, repulsive, or neutral.

From time to time, we will do activities in which I ask for your participation. A portion of your course grade is based on class participation. Of course, you must attend class in order to participate and earn participation points.

Exams

An exam is an opportunity to demonstrate what you know about physics. There are three regular exams and one final exam in this course. The dates of these exams are listed later in the syllabus. Each exam consists of problems and short essay questions.

How do I know if I am ready for an exam? The litmus test of the solidity of your understanding of physics, and consequently whether you are ready for an exam, is whether you can do the problems in the textbook on your own in a reasonable amount of time. It

is useful to read the textbook, do the homework, take notes in class, do the practice exam, and study the conceptual questions on the web site, but the real test of your understanding is whether you can solve problems (and conceptual questions) like those in the textbook on your own. If you can, you're in great shape. If you can't, you need more practice; you need to train your brain to think of possible ways forward when confronted with a situation you haven't seen before. What principles might apply? What tools are at your disposal? This practice is best to do over time, not right before an exam. There is very little to memorize in physics. It's more about knowing when to apply which principles.

An exam is an individual endeavor in which you write and submit *your* ideas, *your* solutions, *your* guesses, and *your* work.

During an exam,

- you *may* use the equation sheet that I provide for exams, and
- you *may* use any calculator, as long as it cannot communicate with other machines or people.

During an exam,

- you *may not* communicate with other people,
- you *may not* look at the exam of another person,
- you *may not* share a calculator with anyone else,
- you *may not* use any notes, and
- you *may not* use a computer, a phone, or any device with networking or communication capability.

At the end of the semester, we will have a comprehensive final exam.

You should not think that office hours are only a time for people that need remedial help. Coming to office hours is helpful for people at all levels. Nobody is too advanced or too far behind to benefit from coming to office hours. A typical student in this class probably cannot get a high grade without coming to office hours, at least from time to time. Even if you don't have specific questions, I can suggest problems for you to work on that will deepen your understanding, putting you in a better position for exams.

Homework

There will be a computer-based homework assignment for each chapter in the textbook that we study. The purpose of these assignments is to give you an opportunity to work with the concepts that we discuss in class and that you read about in the textbook. ("The only way to learn physics is to do physics.") I encourage you to start work *early* on the homework. This way you will have multiple opportunities to see me before the deadline.

You will learn the most if you attempt the homework on your own, formulate questions when things get confusing, and refrain from looking at how others solved the problem until you have thought about it for a bit. The reason is that you need to train your brain to emerge from the confusion or blankness you experience when you first look at a problem and don't know exactly what to do. Think about how the principles we've studied might apply to the problem in front of you. Don't spend forever trying to solve a problem on your own. Give it a reasonable effort, then seek help, either from me or a fellow student.

Students may work together on the homework. You may explain to another student exactly how you did a homework problem. Each student has different numbers for each homework problem. You are expected to do your own calculations with your numbers, and enter your results into the moodle system. There is no academic dishonesty in getting a lot of help on the homework from a fellow student. It may decrease the effectiveness of your learning to get too much help too quickly, but for the homework, it is not academically dishonest. It would be academically dishonest to have another person do your calculations for you.

The homework is available on a web site, using a computer-based learning environment called *moodle*.

Important details about moodle

You can access the moodle homework system at <http://quantum.lvc.edu/moodle/>.

You do not need to do a homework assignment in one sitting. In fact, you should not. You can do a few problems one day and a few more the next day. If you get a problem wrong, you can try it again, although your grade decreases slightly with each additional attempt, so don't just guess.

Do not include units when submitting answers to homework problems. Each problem should tell you what units to use. If no unit is specified, use the appropriate standard SI unit (for example, kg, m, s, N). Enter only the numerical answer into the computer.

Do not count significant figures of the given numbers to decide how many significant figures to include in your answer. The computer will regard your answer as correct if you are within 1% of what it regards as the correct answer. So, keep at least 3 or 4 significant figures in your calculations regardless of the number of significant figures given in the problem.

Do not type commas in your answers, such as 39,450. Instead, type 39450.

You may use exponential notation in your answer if you wish. Instead of 39450, you may type 3.945e4 or 3.945E4.

When you have answered all of the problems on the homework assignment, *you must click the box that says **Submit all and finish***. If you fail to click this box, your grade will not be recorded. On the other hand, do not click this box until you are finished with the entire homework assignment.

Grading

Your grade will be determined by a weighted average as indicated in the table below.

Quiz	4%
Exams	42%
Homework	20%
Laboratory	15%
Class Participation	4%
Final Exam (comprehensive)	15%

Your letter grade for the course is determined by the weighted average. The minimum weighted average (out of 100) required for each letter grade is indicated below.

A-	90
B+	87
B	83
B-	80
C+	77
C	73
C-	70
D+	67
D	63
D-	60
F	0

Your grade is not an indication of how much I like you. It is not an indication of your worth as a person. It is not even a measure of your ability to learn physics. It is my judgment of your accomplishment in learning physics, in particular the portion of physics that we studied.

Make-up Work and Extra Credit Policy

Homework and exams can only be made up in the event of serious circumstances such as illness. There is no extra credit in this course.

Class Schedule

Date	Topic	Read before class	Due
08/26	Welcome		
08/28	Acceleration	1-5, 1-6, 2-2 to 2-4	
08/30	Constant Acceleration	2-5 to 2-6	
—			
09/02	Falling objects	2-7	
09/04	Graphs	2-8	HW 1
09/06	Vectors	3-1 to 3-4	
—			
09/09	PVA diagrams		
09/11	PVA diagrams		HW 2
09/13	PVA diagrams		
—			
09/16	Vector Components	3-5 to 3-6	
09/18	Quiz (PVA diagrams)		
09/20	Acceleration in 2D		
—			
09/23	Newton's 1st and 2nd laws	4-1 to 4-4	
09/25	Newton's 3rd law	4-5 to 4-6	HW 3
09/27	Exam 1 (Kinematics, Chapters 1-3)		
—			
09/30	Free-body diagrams	4-7	
10/02	Problem solving	4-8	
10/04	Friction		

—			
10/07	Fall break (no class)		
10/09	Circular motion	5-1 to 5-2	
10/11	Highway curves	5-3	HW 4
—			
10/14	Universal gravity	5-5	
10/16	Satellites	5-6 to 5-7	
10/18	Work, kinetic energy	6-1, 6-3	
—			
10/21	Potential energy	6-4, 6-5	
10/23	Mechanical energy	6-6, 6-7	HW 5
10/25	Exam 2 (Newton's Second Law, Chapters 4-5)		
—			
10/28	Conservation of energy	6-8 to 6-9	
10/30	Power	6-10	
11/01	Momentum	7-1 to 7-2	
—			
11/04	Collisions	7-3 to 7-4	HW 6
11/06	Collisions	7-5 to 7-6	
11/08	Center of mass	7-8 to 7-9	
—			
11/11	Rotational kinematics	8-1 to 8-2	
11/13	Rotational dynamics	8-3 to 8-4	HW 7
11/15	Moment of inertia	8-5 to 8-6	
—			
11/18	Rotational kinetic energy	8-7 to 8-8	
11/20	Oscillations	11-1 to 11-2	
11/22	Pendulum	11-3 to 11-4	HW 8
—			
11/25	Exam 3 (Conservation laws, Chapters 6-8)		
11/27	Waves	11-7 to 11-8	
11/29	Thanksgiving vacation (no class)		
—			
12/02	Specific heat	14-3 to 14-4	HW 9
12/04	Latent heat	14-5	
12/06	Latent heat	14-5	HW 10
—			
12/13	Final Exam (Cumulative, 8:30-11:00 am)		

General Education

PHY 103 satisfies the Natural Science (NS) Analysis area of the Disciplinary Competencies requirement of the General Education program. The learning outcomes for NS courses are:

- Inquiry: Pose questions and identify appropriate empirical methodologies to gather evidence to evaluate theories or hypotheses.
- Analysis: Synthesize and organize evidence to identify important patterns.

- **Critical Thinking:** Evaluate the strengths or limitations of evidence before accepting or formulating a conclusion.
- **Communication:** Clearly express the results of the interpretation, representation, application, and analysis of scientific information in an effective format.

PHY 103 also satisfies the Quantitative Reasoning (QR) area of the Literacy requirement of this General Education program as well as the QR requirement of Constellation LVC. The learning outcomes for QR courses are:

- **Interpretation:** Demonstrate ability to utilize mathematical forms (e.g., equations, graphs, diagrams, tables, words), including the ability to learn about and interpret unfamiliar quantitative structures
- **Representation:** Convert relevant information into various mathematical forms (e.g., equations, graphs, diagrams, tables, words)
- **Application and Analysis:** Make judgments and draw appropriate conclusions based on the quantitative analysis of data, while recognizing the assumptions used and other limits of the analysis.
- **Communication:** Clearly express the results of the interpretation, representation, application, and analysis of quantitative information in an effective format
- The course will have a significant and continuing focus on working with quantitative arguments.

Course Objectives Alignment to Program Goals and Assessment of Course Objectives

General Education and Constellation QR Learning Goal	Course Objective	Assessment
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Upon completion of this course, students will be able to:

Interpretation: Demonstrate ability to utilize mathematical forms (e.g., equations, graphs, diagrams, tables, words), including the ability to learn about and interpret unfamiliar quantitative structures

Representation: Convert relevant information into various mathematical forms (e.g., equations, graphs, diagrams, tables, words)

Application and Analysis: Make judgments and draw appropriate conclusions based on the quantitative analysis of data, while recognizing the assumptions used and other limits of the analysis.

Communication: Clearly express the results of the interpretation, representation, application, and analysis of quantitative information in an effective format

The course will have a significant and continuing focus on working with quantitative arguments.

General NS Learning Goal

Inquiry: Pose questions and identify appropriate empirical methodologies to gather evidence to evaluate theories or hypotheses.

Analysis: Synthesize and organize evidence to identify important patterns.

Critical Thinking: Evaluate the strengths or limitations of evidence before accepting or formulating a conclusion.

Communication: Clearly express the results of the interpretation, representation, application, and analysis of scientific information in an effective format.

describe motion using the mathematical language of position, velocity, and acceleration

explain motion using the theory of Newtonian mechanics

apply the theory of Newtonian mechanics to specific physical situations

calculate quantities of physical interest using the theory of Newtonian mechanics

calculate quantities of physical interest by applying conservation laws

explain phenomena in terms of principles and theories

Exams

Course Objective

Upon completion of this course, students will be able to:

describe motion using the mathematical language of position, velocity, and acceleration

explain motion using the theory of Newtonian mechanics

apply the theory of Newtonian mechanics to specific physical situations

calculate quantities of physical interest using the theory of Newtonian mechanics

calculate quantities of physical interest by applying conservation laws

explain phenomena in terms of principles and theories

Assessment

Exams

College-Wide Course Policies

RESPONDUS or EXAMSOFIT POLICY

In this course, you may be asked to use a custom browser that locks down the testing environment within the Canvas learning management system. While using these programs, your instructor may require you to activate the video camera and microphone of your computer while completing the exam. Students who are not willing to provide the requested video and audio feeds may ask to take the exam using an alternative proctoring method. Students may arrange for the exam to be proctored at a professional testing center such as Sylvan Learning Centers. The student is responsible for finding the testing site and must pay any fees associated with testing. The Alternate Proctoring Request form can be obtained by contacting Kristen Shutter at shutter@lvc.edu or by phone at 717-867-6028.

EXPECTATIONS FOR STUDENTS IN FACE-TO-FACE CLASS SESSIONS

Students participating in face-to-face class sessions must adhere to the guidelines put forth in LVC's Community Covenant (<http://wordpress.lvc.edu/wordpress/lvcforward/2020/07/09/community-covenant/>). To facilitate contact tracing, students will be given assigned seats for the semester.

POLICY ON RECORDING CLASS SESSIONS

Audio and/or video recordings of the class sessions may be made by the College and/or by students who have been authorized by the LVC Center for Accessibility Resources to record classes as an accommodation for a disability. By participating in the class, all students consent to being recorded for these purposes. Any other recordings of class sessions are not permitted. Students participating in on-line courses are asked to respect the privacy of those participating in the class by ensuring that class sessions cannot be overheard by those who are not enrolled in the course.

Academic Honesty Policy

Any student who submits work that is in violation of the academic honesty policy will be subject to the penalties described in the College Catalog and outlined in LVC's Academic Honesty Policy. Lebanon Valley College expects its students to uphold the principles of academic honesty. Violations of these principles will not be tolerated. Students shall neither hinder nor unfairly assist the efforts of other students to complete their work. All individual work that a student produces and submits as a course assignment must be the student's own.

Cheating and plagiarism are violations of the academic honesty policy. Cheating is an act that deceives or defrauds. It includes, but is not limited to, looking at another's exam or quiz, using unauthorized materials during an exam or quiz, providing unauthorized material or assistance to another student, colluding on assignments without the permission or knowledge of the instructor, and furnishing false information to receive special consideration, such as postponement of an exam, essay, quiz, or deadline of an oral presentation.

Plagiarism is the act of submitting as one's own the work (e.g., the words, ideas, images, compositions, or other intellectual property) of another without accurate attribution. Plagiarism can manifest itself in various ways: it can arise from sloppy, inaccurate note-taking; it can emerge as the incomplete or incompetent citation of resources; it can take the form of presenting passages or work prepared by another as one's own, whether from an online, oral, or printed source. It may also take the form of re-using one's own previously submitted work (such as a paper written for a different class) without the current instructor's knowledge and permission.

A student is culpable for violations of the academic honesty policy, as outlined above, when caused by either academic negligence or academic dishonesty. An act of academic negligence is when a student engages in behaviors outlined above through irresponsible ignorance or carelessness. Acts of dishonesty involve the intent to deceive or mislead. Initially, the instructor will make the determination that a violation of the policy may have occurred.

Students who take part in violations as described above are subject to a meeting with the Associate Provost of Undergraduate Education, who has the authority to take further action, up to and including expulsion from the College.

UNICHECK POLICY

In this course, you may be asked to submit some or all of your assignments for review by LVC's online plagiarism service, Unicheck. This service will compare the content of your work to content found on the internet and several proprietary databases. Any work submitted to this service may become part of the service's permanent collection of submitted papers. After your work is submitted, the service will generate an originality report, which will be sent to your instructor. Any student who submits plagiarized work will be subject to the penalties outlined in LVC's Academic Honesty Policy found in the Student Handbook and the College Catalog.

END OF TERM COURSE EVALUATIONS

Most courses at the College utilize a course evaluation system called EvaluationKIT. Near the end of the term, you will have the opportunity to evaluate the course in a number of key areas: learning environment, instructor performance, overall course structure, progress on relevant course objectives, and Constellation learning outcomes (if they apply). The faculty have approved a set of common questions that students will respond using an agreement

scale. Please note that quantitative survey results and comments are used for course and instructor improvements and to indirectly measure the progress on relevant student learning objectives.

POLICIES REGARDING ACCESSIBILITY RESOURCES

Individuals with disabilities are guaranteed certain protections and rights of equal access to programs and activities under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act Amendments Act (ADAAA) of 2008. Therefore, Lebanon Valley College recognizes the responsibility of the college community to provide equal educational access for otherwise qualified students with disabilities.

In-Person and Online Courses: Any student who needs accommodations is invited to provide letters from the Center for Accessibility Resources and discuss accommodations with me.

Any student who feels they may need accommodations based on a documented disability or other condition that may affect academic performance should: contact The Center for Accessibility Resources, located in the Lebegern Learning Commons — Mund Suite 002. Students may schedule an appointment by calling 717-867-6028 or emailing hannafor@lvc.edu to determine if accommodations are warranted and to obtain an official letter of accommodation.

Assistive Technology is available to enhance your academic skills. The Center for Accessibility Resources, located in the Lebegern Learning Commons—Mund Suite 002, offers educational software and personal assistive devices for short-term loans. Available assistive devices include LiveScribe pens, mini iPads, digital recorders, headphones, and adaptive keyboards. Our student coordinator is available to meet with students throughout the semester to suggest devices and/or software aligned to individual student needs.

If a student believes that appropriate accommodations are being denied, the student may file a grievance. Procedures for filing grievances may be found at www.lvc.edu/offices-directories/center-for-accessibility-resources.

STATEMENT ON INCLUSIVE EXCELLENCE

LVC is a community of inclusive excellence. We affirm the rights of all persons to a superior educational experience that is characterized by respect for others. As such, this class and all classes at LVC, are places where our core values of inclusiveness, civility and appreciation of difference are affirmed.

Policy on Names and Pronouns

Lebanon Valley College is committed to fostering an environment of inclusion and support, which includes honoring all its members' forms of self-identification. This policy supports the use of self-identified first names and pronouns for students, faculty, staff, friends, and alumni who wish to provide them. Many members of the LVC community may use names other than their legal names to identify themselves. If the use of this different name is

not for misrepresentation, LVC acknowledges that a chosen name may be used wherever possible. The name will be recorded and used except where the legal name is required. Be aware that LVC is implementing a new process in which students can specify if their chosen name is for internal use only or for both internal and external use. Students may see more information and update their information via the student information form accessible through MyLVC.

Although students, faculty, staff, friends, and alumni are free to determine the name and pronoun they wish to be known by, the College reserves the right to deny a name and pronoun if it is used inappropriately.

Gender pronouns are those pronouns that members of the community use to represent themselves. Gender pronouns can include, but are not limited to, he/him/his, she/her/hers, they/them/theirs, etc. Correctly using a person's pronoun is one of the most basic ways to show respect for a person's gender identity.

Names and pronouns will be entered and accessible to members of the campus community. LVC expects all faculty and students to respect community members' names and pronouns as consistent with our dedication to inclusion and equity.

Statement of Policy Against Title IX Sexual Harassment

In compliance with Title IX, a federal law, Lebanon Valley College does not discriminate on the basis of sex in the education programs or activities that it operates. Title IX of the Education Amendments of 1972 (20 U.S.C. §1681, et seq.) and its implementing regulations (34 C.F.R. Part 106) prohibit discrimination on the basis of sex in education programs and activities. No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any Education Program or Activity receiving Federal financial assistance.

Title IX requires that colleges and universities maintain an environment free from sex discrimination for all faculty, staff, and students. Under Title IX, discrimination on the basis of sex includes Title IX Sexual Harassment, Sexual Assault, Domestic Violence, Dating Violence, and Stalking. Sexual harassment is also prohibited by Title VII of the Civil Rights Act of 1964 and by the state law.

Inquiries about the application of Title IX and its regulations may be referred to: Title IX Coordinator, Ann C. Hayes, associate vice president of human resources, Office of Human Resources - Humanities 108, hayes@lvc.edu Phone: 717-867-6416 Title IX web page: <https://www.lvc.edu/offices-directories/human-resources/title-ix/>

OR Assistant Secretary for Civil Rights, U.S. Department of Education, Office for Civil Rights, ocr@ed.gov, 1-800-421-3481.

Title IX makes it clear that violence, harassment, and any type of sexual misconduct based on sex and gender are civil rights violations. If you or someone you know has experienced violence, discrimination, or harassment, support is available through Counseling Services, Health Service, the Chaplain's office, and Title IX deputies. Please refer to the Student Handbook or the College Catalog for specific contact information.

HYBRID AND ONLINE INSTRUCTIONAL EQUIVALENCIES

The faculty of Lebanon Valley College approved guidelines on Equivalent Instructional Activities that will be used to substitute for face-to-face contact hour requirements for this online or hybrid course. These activities are clearly documented in this syllabus. For further details, please review the approved Equivalent Instructional Activities.

Policy on Student Success and Intervention

- THE CENTER FOR ACADEMIC SUCCESS

Starfish is an online tool used at LVC that gives you the opportunity to connect with faculty and staff to cultivate your success. Through Starfish, you can submit concerns, access beneficial resources, connect with your Success Network, and receive updates on your academic progress. This tool also allows faculty and staff to recognize when you might need extra help and reach out to collaboratively resolve an issue. If you receive a Starfish Flag showing that someone has a concern, you will receive an email with a specific action plan to follow. Take that action and work with us to maximize your success.

- CARE Team

At Lebanon Valley College, we want you to succeed in and out of the classroom. Administrators and faculty work together on the CARE Team to cultivate Confidence, Accountability, Resilience, and Engagement in every student. If a member of the LVC community is concerned about you for any reason (i.e. academic, social, or emotional issues), they will ask a CARE team member to reach out to you and work with you towards a solution. You should consider it your assignment to follow through and accept assistance from the appropriate source(s). Don't be afraid or hesitant to seek help from these individuals: supporting you is their job! Be proactive and take control of your success.

- The Center for Academic Success and Exploratory Majors

Located in the lower-level of Mund College Center, the Center for Academic Success and Exploratory Majors serves to support, inspire, and cultivate student success. The key to performing well academically lies in frequently utilizing support services across campus; in fact, many of our top students utilize tutors to help prepare for exams, talk through challenging concepts, learn how to take effective notes, and more. For this reason, we staff peer tutors in almost all 100 and 200-level classes, including subject-specific writing conferencing. Students can request tutoring appointments through Starfish and the sessions serve as a place to connect with classmates, ask questions, and work on homework as well as drop-in writing support from 7pm-9pm, Mondays through Thursdays. If you would like to work with a tutor, please request a time using Starfish.

In addition, the Center features academic success coaching, where staff members support students by designing and implementing a plan for academic success. These "coaching" sessions focus on developing effective time management, organizational, test-taking, critical reading, note-taking, and study skills, as well as learning healthy behavioral techniques like stress management and self-motivation. . For more informa-

tion on any of these services, visit the Center for Academic Success. To request an appointment, please email findyoursuccess@lvc.edu.

The Center also serves as the home on campus to Exploratory (undecided) majors. Professional staff advise students who are still determining their major/career path and support students who are in transition between majors as they determine their next steps.

Statement on Supporting Mental Health

Counseling Services

LVC cares about you and your mental health. We recognize that mental health support is vital to your growth as a student and individual. Stress, anxiety, depression, relationships, and problems with eating and sleep can adversely influence your academic performance. We want to help you be your best. A consultation with a professional counselor can help make a difference. Our professional counselors can assess your needs, help you build skills, and connect you to appropriate services. Students who start the counseling process earlier in the semester report the most significant improvement. All counseling services provided are free, completely confidential, and in no way connected to your academic record. I strongly encourage you to take advantage of this valuable resource. Please, contact Counseling Services at 717-867-6232 or counselingservices@lvc.edu and leave your contact information. We will return your call or email as soon as possible; please know that we do not check email after hours, on the weekends, or during vacations. [Click here](#) to explore all Counseling Services has to offer. If you experience an emergency, please call 911 in your local area or text 741741 (Crisis Text Line), or call 988 (Suicide & Crisis Lifeline) to request immediate assistance.

Notice of Non-Discrimination and Equal Opportunity

Lebanon Valley College does not discriminate on the basis of race, color, national origin, ancestry, religion/creed, pregnancy, sexual orientation, gender identity or expression, age, disability, genetic information, or veteran status in its programs and activities as required by the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and/or College policies.

The following person has been designated to handle inquiries regarding the Americans with Disabilities Act, the Rehabilitation Act, Title VII, and related statutes and regulations: Ann C. Hayes, associate vice president of Human Resources and Title IX Coordinator, Administration Building/Humanities Center 108, Lebanon Valley College, 101 N. College Avenue, Annville, PA 17003-1400, 717-867-6416, hayes@lvc.edu.

Statement on the Use of Artificial Intelligence (AI)

Students should be aware that the work they submit must be their own. Professors may create assignments or activities that require or encourage the use of AI. If such use is not either required or allowed explicitly, then students must assume that the use of artificial intelligence is **not** acceptable in any given assignment. In this instance, unacknowledged

uses of artificial intelligence in student work can be deemed violations of our academic honesty policy (see above). If this is unclear in any way, it is the student's responsibility to ask the professor about appropriate uses of AI for the assignment.

Religious Accommodations

Lebanon Valley College is committed to providing a welcoming and supportive environment for students from all cultural and religious backgrounds. All members of the community should commit to students not suffering adverse consequences for practicing their religions. We recognize the Christian centeredness of our campus, including our Academic Calendar. We seek to support an environment that is welcoming to persons of all faith traditions and backgrounds. Students whose religious practice requires that they observe holidays other than those specified on the Academic Calendar should have a conversation with either a faculty member or the Chaplain and Coordinator of Spiritual Life to initiate the accommodation process. This conversation should happen within the first two weeks (or first week, if the course is a summer, winter, or graduate course meeting for less than 15 weeks) of each semester of their intent (even when the exact date of the day will not be known until later) so that alternative arrangements for both students and faculty can be made at the earliest opportunity. Any such conversation should seek to determine the needs of the student and the appropriate next steps. If the conversation starts through a faculty member, the faculty member should recommend that the student also have a conversation with the Chaplain so that the Chaplain may learn about the student's needs, attend to any non-academic requests, and refer the student to other impacted faculty. If the conversation starts with the Chaplain, the Chaplain will direct the student to also have a conversation with impacted faculty members.