Oscillation

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Mass on a Spring



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The Cosine and Sine Functions



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Connection between Rotation and Oscillation



An oscillation has an amplitude and a period.



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► A is amplitude, T is period

Period, frequency, and angular frequency are all talking about the same thing.

Quantity	Symbol	Unit
Period	T	S
Frequency	f	Hz = cycle/s = rev/s
Angular frequency	ω	rad/s

$$f = \frac{1}{T}$$
$$\omega = 2\pi f$$

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Mass on a Spring



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Position, Velocity, and Acceleration for a Mass on a Spring



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Pendulum

$$\omega = \sqrt{\frac{g}{\ell}}$$

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